

CORPORATE TRAINING PROGRAMS

**Psychological Safety
And Emotional
Wellbeing**



Crystal Triangle



ENHANCE SKILLS | INCREASE EFFICIENCY | DEVELOP YOUR CORE

Our On-Site Training Programs Are:

- **CONVENIENT** Results-focused employee training and development programs are delivered when and where you need them.
- **TAILORED** We can tailor any of our on-site training programs to target your core competencies.
- **COST-EFFECTIVE** On-site training is one of the most cost-effective ways to facilitate your organization's learning and development goals.
- **MEASURABLE ROI** Train a large number of employees in a minimal amount of time for one flat fee.
- **CONSISTENT** Your entire staff receives the same training message at the same time.

Crystal Triangle helps your employees reach peak performance and achieve their goals through tailored on-site training. Our programs improve team performance and positively impact your bottom line.

To learn more about our customized learning solutions, contact us at: 9871976935.

EXECUTIVE & CXO-LEVEL PROGRAMS

FOCUS: CULTURE OF TRUST, OPEN COMMUNICATION, MENTAL HEALTH, TEAM COHESION, INNOVATION, AND INCLUSION.

- **Boardroom Psychological Safety for Leaders**
Creating a safe environment for dissent, diversity of thought, and high-stakes decision-making.
- **Leading with Empathy & Inclusion**
How top leaders build trust and transparency in volatile, high-pressure environments.
- **Mental Fitness for Leadership Endurance**
Strategies for managing emotional stress, burnout, and executive isolation.

HR & PEOPLE EXPERIENCE TEAMS

FOCUS: CULTURE OF TRUST, OPEN COMMUNICATION, MENTAL HEALTH, TEAM COHESION, INNOVATION, AND INCLUSION.

- **Designing & Sustaining a Psychologically Safe Culture**
HR's role in embedding psychological safety in systems, processes, and policy.
- **Mental Health First Aid for HR**
Recognizing early signs of distress and creating referral pathways.
- **Creating Safe Spaces: Grievance Redressal & Open Dialogue Models**
HR facilitation training for sensitive conversations.

TEAM MANAGERS & MIDDLE LEADERSHIP

FOCUS: CULTURE OF TRUST, OPEN COMMUNICATION, MENTAL HEALTH, TEAM COHESION, INNOVATION, AND INCLUSION.

- **Psychological Safety for High-Performance Teams**
How to foster open communication, trust, and feedback culture.
- **Managing Difficult Conversations with Sensitivity**
Training on non-violent communication, empathy, and assertiveness.
- **Microaggressions & Bias Training**
Understanding unconscious bias and its impact on psychological safety.

FUNCTIONAL TEAMS (SALES, OPS, TECH, FINANCE, ETC.)

FOCUS: CULTURE OF TRUST, OPEN COMMUNICATION, MENTAL HEALTH, TEAM COHESION, INNOVATION, AND INCLUSION.

- **Creating Team Trust & Collaboration Norms**

Safe team rituals, inclusion habits, shared agreements.

- **Speak Up Culture for Innovation & Safety**

Encouraging diverse voices, constructive feedback, and challenge culture.

- **Managing Emotional Triggers in High-Stress Roles**

Workload resilience, emotion regulation, and coping strategies.



LEARNING & DEVELOPMENT / DEI / CULTURE TEAMS

FOCUS: CULTURE OF TRUST, OPEN COMMUNICATION, MENTAL HEALTH,
TEAM COHESION, INNOVATION, AND INCLUSION.

- **Assessing & Measuring Psychological Safety**

Tools like Google's Team Effectiveness Framework, surveys, and culture audits.

- **Gamifying Psychological Safety: Workshop Design Tools**

Engaging modules using experiential learning, simulations, and storytelling.

- **Embedding Safety in Learning Design**

How to create psychologically safe learning environments (for training delivery, coaching, TTT).



Can't Find the Course You Need?

We can tailor a course to meet your organization's core competencies — you choose the duration, content, format, and location.

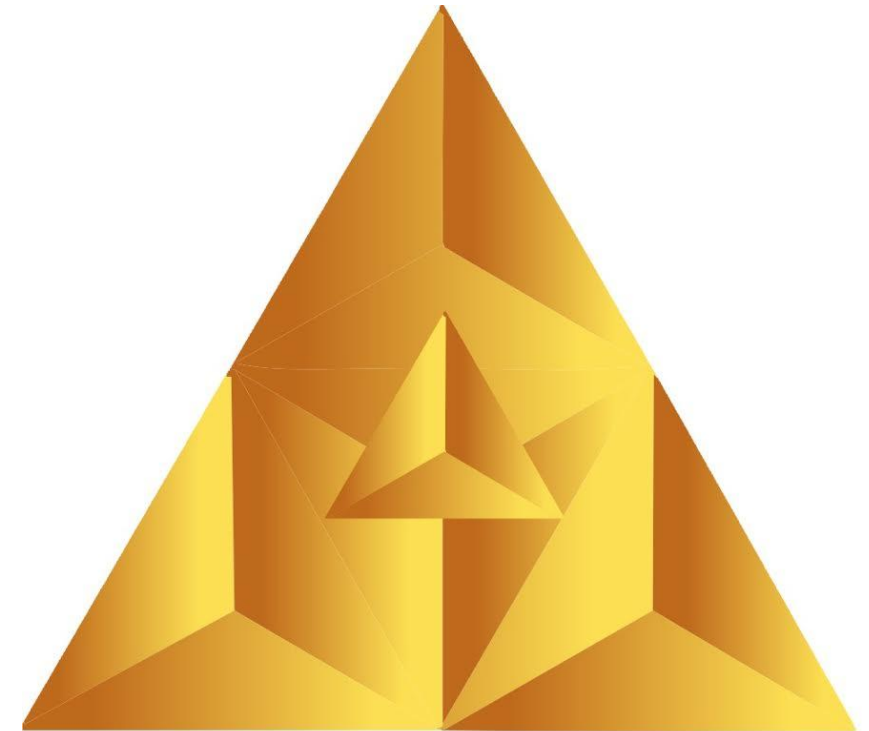
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